

## Personal Service & Professional Care

66 Otho Street INVERELL 2360 Ph: 02 6722 3089



38 Albury Street ASHFORD 2361 Ph: 02 6725 4013

www.campbellandfreebairn.com.au



Only \$99.00 (Valued at over \$185)

Call in and see Brendon, Emma, Justine, Clare, Erica, Lisa, Suzanne, Liz, Carolyn, Sonia, Tiarna, Ashleigh, Cassie, Trista, Kerri-Anne, Renae, Jane, Kelly F, Gabby, Sue, Nick, Sarah, Zac, Kelly Mc, Emi, Yvonne, Trudy and Kayla.

Free Home Delivery Monday to Friday Free delivery to Delungra



## Personal Service & Professional Care

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October 2019

#### Message from the Owners

Brendon and Emma are delighted to announce: We have a new partner. Justine Ehsman has joined us as a partner in the ownership of CFC. Most of you will know her friendly face already. She returned to work with us in 2016. She grew up locally and now lives with her husband and three children near Delungra. We warmly welcome her to the partnership. Congratulations Justine.

Healthy regards,

Brendon, Emma & Justine

#### Inside this issue:

38 Albury Street

ASHFORD 2361

Fax: 02 6725 4340

02 6725 4013

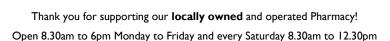
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### **DONATIONS** in September

Napoleon Perdis News & Events

We were pleased to donate to the following organizations last month:

- Inverell High Year 12 Charity Fundraiser
- Bundarra Pony Club
- McLean Auxillary
- Delungra Community Drought Relief Afternoon
- Ashford Lions Club



THANK YOU to everyone who purchased Team Inverell Scrapheap Raffle Tickets again this year.

Winners 1st A. O'Brien 2nd P. Bryant 3rd B. Bowman All funds raised go directly to Down Syndrome Association NSW

All Team Inverell riders and support vehicle crews are busily preparing for the 2019 Scrapheap Adventure Ride.

Day One: Inverell \* Tenterfield Day Two: Tenterfield\* Kyogle Day Three: Kyogle\* Evans Head Day Five: Evans Head\* Inverell

WISHING YOU ALL A TERRIFIC ADVENTURE



**FRIDGE** 

# ETHICAL NUTRIENTS PROFESSIONAL NATURAL MEDICINES

## Inner Health Daily Immune for fewer sick days from common colds.

Inner Health Daily Immune may:

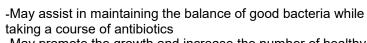
- Support immune system health.
- Support healthy recovery from colds.
- Reduce the number of sick days due to colds.
- Reduce the duration of the common cold. For adults and children over 12 years only.

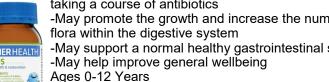
60 Tablets \$52.50

#### Inner Health Kids Gut Health and Restoration

- -May promote the growth and increase the number of healthy
- -May support a normal healthy gastrointestinal system

60g Powder \$43.95









#### **Breast Cancer Awareness**

October is Breast Cancer Awareness Month and our staff will be raising funds for the Inverell Breast Cancer Support Group. There will be lots of 'pink' in store.

#### EnZen Magnesium Bath Crystals

Made with the highest grade of Magnesium Sulphate (Epsom Salts), Evodia Magnesium Bath Crystals EpZen 'Pure' contains nothing but magnesium sulphate. Magnesium can help to release muscle tension, help with headaches and calm the nervous sys-

tem to reduce stress. Dissolve 2 cups of 'Pure' Crystals in the bathtub and soak. \$9.95



## **Natures Way Beauty Collagen Tablets**

Collagen is a type of protein that helps keep skin elastic and firm. Unfortunately, collagen declines with age and as our skin's natural collagen factories begin to wind down they lose the ability to make and store collagen. Nature's Way Beauty Collagen tablets help support skin health.

They are formulated to help: Support collagen formation Reduce free radicals formed in the body Support hair, skin and nail health



60 tablets \$30.00

40 Gummies \$20.00

Adult dose—3 Tablets or Gummies daily or as advised by health care professional