

Personal Service & Professional Care

66 Otho Street INVERELL 2360 Ph: 02 6722 3089 www.campbellandfreebairn.com.au

f

Instagram

38 Albury Street ASHFORD 2361 : 02 6725 4013

Ph:





Inspired by Hollywood sirens of the Silver Screen, the new Mattetastic lipstick shades are Bette, Ginger and Greta. Infused with nourishing botanicals and hydrating ingredients, Napoleon Perdis Mattetastic lipsticks provide comfortable, matte lip colours all day without creasing, drying or puckering. Hypoallergenic and free of fragrance and preservatives.

\$38.00 each

Call in and see Brendon, Emma, Justine, Clare, Erica, Lisa, Suzanne, Liz, Carolyn, Sonia, Tiarna, Ashleigh, Cassie, Trista, Kerri-Anne, Renae, Jane, Kelly F, Sue, Nick, Sarah M, Zac, Kellie Mc, Emi, Phillipa, Montana, Jhonty, Sarah T, Teagan, Lilly, Vicki, Isabelle, Greg, Yvonne, and Trudy.

Free Home Delivery Monday to Friday Free delivery to Delungra



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66 Otho Street INVERELL 2360 Ph: 02 6722 3089 Fax: 02 6721 0027 Email: brendon@mooc.com.au emma@mooc.com.au www.campbellandfreebairn.com.au

Usually this time of year the Inverell Scrapheap Adventure Riders would be heading off on the Scrapheap ride for Down Syndrome NSW. Due to Covid19 restrictions the ride to Gulargambone has been postponed until 19-21 March 2021 which coincides with World Down Syndrome Day.

This month our Spring Specials catalogue runs from 1st-21st October. Purchase any item from the catalogue and enter to WIN a Series 5 Apple Watch valued at \$849.00.

Healthy regards,

Brendon, Emma & Justine

38 Albury Street ASHFORD 2361 Ph: 02 6725 4013 Fax: 02 6725 4340

October 2020

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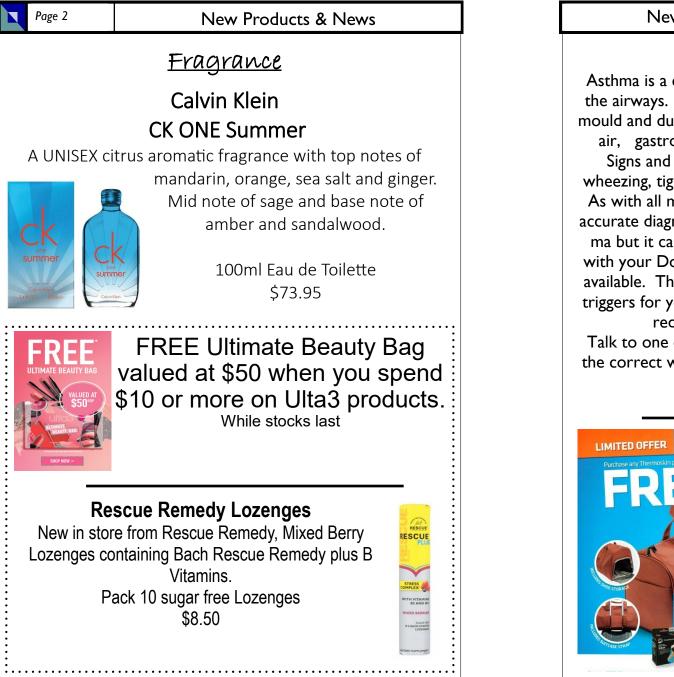
DONATIONS in September

We were pleased to donate to the following organizations last month:

- Delungra Bowlo Fundraiser for Georgi
- Bundarra Pony Club

Thank you for supporting our **locally owned** and operated Pharmacy!

Open 8.30am to 6pm Monday to Friday and every Saturday 8.30am to 12.30pm



<u>Asthma</u>

Asthma is a chronic lung disease that inflames and narrows the airways. Common asthma triggers include pollen, pets, mould and dust mites, colds and flu, smoke, inhaling cold, dry

air, gastroesophageal reflux disease (GERD) or stress.

Signs and symptoms of asthma include: breathlessness, wheezing, tight feeling in the chest and/or continuing cough. As with all medical conditions, consult your Doctor for an accurate diagnosis and treatment. There is no cure for asthma but it can be managed. An asthma action plan written with your Doctor is one of the most effective interventions available. The aim is to help you identify the symptoms and triggers for your asthma and take early action to prevent or reduce the severity of an asthma attack.

Talk to one of our friendly pharmacists who can show you the correct way to use your puffer, spacer, peak flow meter or nebulizer.



Purchase any Thermoskin product worth \$39.95 and receive a FREE premium overnight bag valued at \$69.95

See in store for details