



Personal Service & Professional Care

66 Otho Street
INVERELL 2360
Ph: 02 6722 3089



38 Albury Street
ASHFORD 2361
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Napoleon Perdis

Colour Ritual Eyeshadow Quads

Discover a smouldering spectrum of opulent eye shades.

Featuring two buttery-smooth mattes and two high-pigmented foils. Create natural definition, through to celestial dimension with the one complementing eyeshadow quad. Skin conditioning antioxidant Vitamin E and Sunflower Seed Oil allow for seamless application and blending. Vegan. Paraben, gluten, and nut free.



How to use.....To achieve shape and dimension, concentrate the darker and matte shades to the outer corner of the eye and blend into the crease. Apply the foil shades to your mobile lid or inner corner of the eye to highlight using your fingertip. To add an extra layer of intensity, apply the medium or dark matte shade under the lower lash line.

Autumn Horizon, After Dark, Desert Rave, Neutral Desire, Showgirl and Summer Solstice

\$79.00 Each

Call in and see Brendon, Emma, Justine, Annie Jane, Clare, Logan, Lisa, Suzanne, Liz, Cassie, Trista, Jane, Kelly, Sue, Sarah, Gabby, Fiona, Shannon, Karen, Debbie, Erika, Mikayla, Paige, Annalisa, Sonia, Greg, Heidi, Bindi, Charlotte, Matilda, Mia, Jenny, Tina, Kerri-anne, Amber, Simone, Tiarna, and Trudy.

**Free Home Delivery
Monday to Friday
Free delivery to Delungra**



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June 2023

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It's not too late to have your 2023 flu vaccination. Appointments are not required, just walk in! We can vaccinate on week days between 9am and 5pm. We are able to vaccinate from 10 years old up to 65 years old.

We are promoting MedsChecks again. This is a free, 30 minute consult with a pharmacist to discuss your medications. We give you a written summary of the discussion. This is a great report if you have concerns to discuss with your GP.

Our Mid Year Wellbeing catalogue runs from 8th –30th June. Purchase any item from the catalogue and enter online to WIN a \$500 Bunnings Gift Card! *Healthy regards,*

Brendon, Emma & Justine

Thank you for supporting our 100% **locally owned** and operated Pharmacy!
Open 8.30am to 6pm Monday to Friday and every Saturday 8.30am to 12.30pm

DONATIONS in May
We were pleased to donate to the following organizations last month:

- Gum Flat School



Fragrance
 For Her: **Midnight Fantasy**
 Britney Spears
 100ml EDP \$40.00



Beyoncé Pulse
 100ml EDP \$69.00



For Him: **Away Tonight**
 By Abercrombie & Fitch
 100ml EDT \$63.00

NEW PRODUCTS IN STORE



- Summer Salt Body Crystal Healing Essential Oil Rollers
 \$22.00 each

- GO Healthy Hemp Seed plus Turmeric
 100 Capsules \$31.15

- Bio Oil Body Lotion
 250ml \$24.95



Food and heart health myths....busted!

There are lots of myths around food and heart health. Healthy eating is the holistic combination of food you eat over time. No single nutrient or food will cause or prevent heart disease on its own.

Myth– you shouldn't cook with olive oil.....?

People are often concerned about using olive oil due to the smoke point. Olive oil is a healthy and versatile oil that can be used in cooking in a variety of ways. It is a terrific option for medium temperature frying (around 190 Celsius). Healthy choices for hotter frying because of their high smoke point are canola, sunflower, soybean, peanut and sesame oils.

ETHICAL NUTRIENTS
 PROFESSIONAL NATURAL MEDICINES

IMMUNE BOOSTER KIDS

- Reduces the frequency & duration of common cold & flu symptoms
- Reduces the number of days absent from childcare or school due to common colds
- Reduces the incidence of Runny noses & Coughs
- Boosts immune system function
- **Children aged over two years:** Take 1 scoop (1g) once daily mixed into water, juice or milk (warm or cold). Sprinkle on cereal or food. Alternatively, take as advised by a healthcare professional.
- Inner Health Immune Booster Kids is non-flavoured with a naturally sweet taste.



Store at 2°C to 8°C. Refrigerate. Do not freeze.

60g Powder \$34.95

Martin & Pleasance



Rest & Quiet Calm Formula is traditionally used to calm the mind & relieve symptoms of stress and mild anxiety. Suitable for day & night use to support our emotional and wellbeing needs.

An 8 remedy, alcohol free formula, made with Dr Bach's original formulation (Cherry Plum, Clematis, Impatiens, Rock Rose & Star of Bethlehem) with an additional 3 remedies (Aspen, Mimulus & White Chestnut) to give the emotional support to overcome our daily stressors that we now face in our ever-changing world 15ml Drops \$15.95 25ml Spray \$24.95

Rest & Quiet Sleep Formula is traditionally used to calm the mind & relieve sleeplessness. Sleep is important to our overall emotional wellbeing. Suitable for night use to help relax your mind and relieve the recurring & worrying thoughts that may keep you awake at night. This unique blend contains 6 Bach flower remedies to still the mental chatter, calm the mind, assist with feelings of overwhelm & impatience when we need a good night's sleep.

15ml Drops \$15.95 25ml Spray \$25.75